



THANKSGIVING DAY
TURKEY TROT
FOR HOSPICE

PRESENTED BY:  Five Star Subaru

**Join Us Thanksgiving Day
November 28, 2024**

Registration at:
Oneonta Boys & Girls Club
70 River Street, Oneonta

7:30 AM: REGISTRATION
9:00 AM: 5K RUN / 2.5K WALK

Early Registration fee: **\$25**
Day of Turkey Trot: **\$35**
Children 10 & under: **\$15**

**Register early to guarantee your
commemorative Turkey Trot T-shirt.**
Supplies are limited!



The perfect way to start your day
and holidays on the right foot!

All event proceeds support the patients
and families cared for by Helios Care

5K Run. 2.5K Walk.
Or come cheer others on!

“Delicious” Prizes!
For all category winners!

**CAN'T BE HERE?
YES YOU CAN!**

Be a Virtual Participant
Run/Walk wherever you are or simply
chill out at home, take selfies and post
on our FB or Instagram page!

**We'll even send you a T-shirt if you
register before supplies run out!**

**To register online, go to
Hospice5k.com**



Online registrations are encouraged
Mail in registration forms are also accepted

Return to: Helios Care, 297 River St. Service Rd.
Oneonta, NY 13820

Runner Walker Virtual

Last Name: _____

First Name: _____

Address: _____

City/State/Zip: _____

Phone #: _____

Email: _____

Male Female; DOB ____/____/____

Shirt Size: Adult XS S M L XL 2XL

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DONATION AMOUNT: _____

Check Enclosed Cash Enclosed

Credit Card VISA, MC, DISC, AMEX (circle one)

Card #: _____

EXP Date: ____/____/____ CV Code: _____

Signature: _____

WAIVER – PLEASE READ

I hereby waive all claims, injuries or losses that may incur in the Thanksgiving Day Turkey Trot for Hospice against Helios Care, Oneonta Boys and Girls Club, City of Oneonta, Race Sponsors, Race Volunteers and staff. I declare I have trained for this event and assume responsibility of all risk incurred therein. I authorize Helios Care to use my photograph for any use to document or promote this event in the future.

I have read and agree to the terms of this waiver:

Signature: _____ Date: _____

QUESTIONS?

Contact **Kelly McGraw** or **Kathryn Dailey** at
607.432.6773 or by email kelly.mcgraw@helioscare.org
kathryn.dailey@helioscare.org